



Gaddesden Row JMI School

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February 2nd, 2024

Re: Parkrun

Dear Parents and Carers,

Following on from the successful parkruns done previously, I would like to organise the next event.

On **Saturday 2nd of March**, I am going to be running at Dunstable Downs again, and I would like to give families the opportunity to join me and run the 5km park run together. I have attached the parkrun page link for you to read the details:

<https://www.parkrun.org.uk/dunstabledowns/>

Children under the age of 11 need to be always accompanied by an adult, so parents and carers can join me with your child to take part. **Parents and children do not have to run the whole time and there is no pressure to keep up with anyone; it is a fun event.**

Children and adults who have joined me before do not need to re-register.

If you are a first timer, all that is required to register via the parkrun website and download the bar code - this is needed at the end of each race to scan your result. **If you would like to join me, please feel free to email your bar code to my email address and I can laminate at school and return to you.**

Please return the attached slip below if you would like to join me at Dunstable Downs. Further details and timings of where to meet and what time will be sent out nearer the time.

Best wishes,

Mr Merriman

I will be attending the Dunstable Downs parkrun on Saturday 2nd of March.

Adult/child's name: _____

Signed: _____