

Dear Parent/Carers,

Please find below courses and support available to Dacorum Parent/Carers from local providers. Please contact the providers directly, as detailed in their flyers.

Kind Regards, DSPL 8 Team

Potential Kids: October & Half Term Activities

BOOKINGS: www.potentialkids.org.uk/activities

OCTOBER & HALF TERM POTENTIAL KIDS

BOOKINGS:
www.potentialkids.org.uk/activities

Date	Sessions	Time	Location
4th Wed	Bush Craft Club	12.30-14.00	PK Garden
5th Thu	STEAM Home Education	10.00-12.00 & 12.00-14.00	PK Garden
5th Thu	Trampolining	16.45-18.00	Gosling Sports
6th Fri	Community Connect Drop In - Warm Spaces	11.00-13.00	PK Garden
6th Fri	Minecraft On Site	18.30-20.30	PK Hub
7th Sat	Family Football - Drop In	16.00-17.00	Birchwood Leisure Center
8th Sun	Minecraft On Site & Remote Session	13.00-15.00	PK Hub
11th Wed	Bush Craft Club	12.30-14.00	PK Garden
10th Tue	SOS SEN Advice Center	10.00-12.00	PK Hub
12th Thu	STEAM Home Education	10.00-12.00 & 12.00-14.00	PK Garden
13th Fri	Community Connect Drop In - Warm Spaces	11.00-13.00	PK Garden
13th Fri	Youth Group 16+	18.30-20.30	PK Hub
14th Sat	Family Football - Drop In	16.00-17.00	Birchwood Leisure Center
17th Tue	Create 4-11yrs	16.30-18.00	PK Hub
18th Wed	Bush Craft Club	12.30-14.00	PK Garden
19th Thu	STEAM Home Education	10.00-12.00 & 12.00-14.00	PK Garden
19th Thu	Trampolining	16.45-18.00	Gosling Sports
20th Fri	Community Connect Drop In - Warm Spaces	11.00-13.00	PK Garden
20th Fri	Minecraft On Site	18.30-20.30	PK Hub
23rd Mon	Halloween Themed Bushcraft	10.00-12.00 13.00-15.00	PK Garden
24th Tue	Soft Play at Fun Zone 4-12yrs	19.00-20.45	Birchwood Leisure Center
26th Thu	Fun Rings 8+yrs	12.00-13.00	Gosling Sports
27th Fri	Halloween Themed Crafts	10.00-12.00 13.00-15.00	PK Garden
31st Tue	Halloween Party	16.30-18.00	PK Garden

Contact us for further information on any of our Activities or Educational Services at info@potentialkids.org



Approved Education
Centre Delivering
Nationally Accredited
Qualifications



Learning, Social & Communicational Support for everyone through our inclusive programmes

Opportunities for Duke of Edinburgh or Work Experience with PK

PK Hub & Garden



Always Connecting with our Community and the most vulnerable

PK TECH TEAM



PK Offer
Tutoring
Teaching
Mentoring
Therapies
1:1 & Group Work
Alternative provision
EOTAS



SUNDAY
1:1 Horse Riding
Groundworks/Care
Equine Therapy
Sessions



FRIDAY - Home Education available



PK Garden
Therapeutic Gardening 1:1 & Group Sessions available

the galleria
OUTLET SHOPPING

SPORT
ENGLAND

WELWYN
HATFIELD

Building
Life
Chances



Website: www.dacorumdspl.org.uk



Email: dspl@kls.herts.sch.uk



Eventbrite: <https://dspl8.eventbrite.co.uk/>



Facebook: www.facebook.com/dspldacorum



Instagram: https://www.instagram.com/dspl_dacorum/

Showcase of Autism in Schools ProgrammeBooking link: www.hertfordshire.gov.uk/hsasp23**SHOWCASE OF AUTISM IN SCHOOLS PROGRAMME****THURSDAY 16TH NOVEMBER**

MORNING SESSION – 9.30AM – 12.30PM (arrival from 9am)

AFTERNOON SESSION – 1PM – 4.00PM (arrival from 12:30pm)

ROBERTSON HOUSE, SIX HILLS WAY, STEVENAGE SG1 2FQ

OPEN TO ALL HERTFORDSHIRE SCHOOL STAFF, PROFESSIONALS AND PARENT/CARERS

Hertfordshire's Showcase of Autism in Schools Programme will be an amazing opportunity for you to hear from Hertfordshire professionals about supporting children and young people with autism. Join us to hear about the success of the Programme and find out how you can replicate some of this in your schools

Hear from those who lead
and partake in the
programme and take away
ideas to implement in
your school

Launch of Emotional
Regulation Resource
for you to take away

Opportunity to
network with
Voluntary
Organisations and
Professionals

The sessions will cover the following:

Introduction to/overview of the Autism in Schools Project run by NHS England
A talk from an Expert by experience
A presentation from the Mental Health Support Team, launching a new Emotional Regulation resource, and Integrated Services for Learning
A presentation from Hertfordshire Parent Carer Involvement group (HPCI)
An update in relation to the Neurodiversity support centre
A presentation on Transforming Care, Dynamic Support Register and Care, Education, Treatment Review

Please see the link to book your free morning or afternoon ticket: www.hertfordshire.gov.uk/hsasp23
(Please note there is a maximum of 2 staff per school limit on tickets due to capacity) You only need to attend either the morning or afternoon session as they will be a repeat of each other.



Community Action Dacorum Courses

For further information and to book, please visit:

[Training and Development \(communityactiondacorum.org\)](http://communityactiondacorum.org)



Get more from your money Course

From soaring rent prices to increasing grocery bills, the rising cost of living can often feel overwhelming. Managing your finances has never been more crucial. This free, 10-hour course teaches the essential skills and knowledge needed to take control of your finances and make your money work for you.

DAY: WEDNESDAYS

DATES: 15TH NOVEMBER - 13TH DECEMBER

TIMES: 10:15AM - 12:15PM

**VENUE: COMMUNITY ACTION DACORUM,
48 HIGH STREET, HEMEL HEMPSTEAD HP1 3AF.**

You will learn to:

- Understand Budgeting Fundamentals like income tracking and expense categorisation. Have Set Financial Goals and a plan to achieve them
- Know how to Manage Debt Effectively: Explore strategies for managing and reducing debt, such as credit cards and loans.
- Understand how to Save wisely and implement a plan including starting an emergency fund.
- Develop Smart Spending Habits: Identify and eliminate unnecessary expenses to optimize your budget.
- Understand the emotional triggers around spending and identify next steps to overcome the triggers personal to you.

By the end of this course, you will have the knowledge and confidence to navigate the complex landscape of personal finance, ensuring that you not only survive but thrive in the face of rising living costs. Get ready to take charge of your financial future and secure a more stable and prosperous life.

REGISTER YOUR INTEREST NOW

For further information about this or any of our other courses please contact us.

www.communityactiondacorum.org/traininganddevelopment

Learning@communityactiondacorum.org.uk

01442 253 935

STEP 2 SKILLS
PREPARE FOR SUCCESS IN HERTS



Healthy Cooking on a Budget

Are you tired of cooking the same old meals, and want to learn some new skills in the Kitchen? Are you finding it hard to keep to a budget and want to learn to make your money go further?

**WEDNESDAYS
NOVEMBER 2023 (DATES TBC)
18:30PM - 20:30PM**

THE COLLETT SCHOOL, LOCKERS PARK LANE, HEMEL HEMPSTEAD, HERTS. HP1 1TQ

You will learn to:

- Basic food handling
- Safe storage of food
- Understand the benefits of meal planning
- How to make your money go further in challenging times
- Design healthy cost effective meals
- How to shop smartly with limited funds

REGISTER YOUR INTEREST NOW

For further information about this or any of our other courses please contact us.

Learning@communityactiondacorum.org.uk

www.creative-learning.org.uk

01442 253 935

STEP 2 SKILLS
PREPARE FOR SUCCESS IN HERTS

KEEPING IN TOUCH WITH TABLETS & SMART PHONES

Do you live in Hertfordshire and want to get more out of your tablet or smartphone?

Join our six week course to help you navigate with confidence.



TUESDAYS

31ST OCTOBER - 05TH DECEMBER 2023

13:30AM - 15:30PM

**ST. MARYS CHURCH HALL, HIGH STREET,
HEMEL HEMPSTEAD. HP1 3AF**

THIS COURSE IS FREE OF CHARGE

You will learn to:

- By the end of the course you will be able to access different apps, from banking to the NHS, along with how to keep safe online and much more
- We will help you to keep up-to-date with family and friends Via calls, texts and various apps, and help you to get started with mini projects such as researching local history

REGISTER YOUR INTEREST NOW

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www.communityactiondacorum.org/traininganddevelopment

Learning@communityactiondacorum.org.uk

01442 253 935

STEP 2 SKILLS
PREPARE FOR SUCCESS IN HERTS



Getting Started with Excel Course

This course will teach the basics of using Microsoft Excel for work or home projects, it will cover things such as How to open a spreadsheet, how to enter data, managing your worksheets & basic formatting & calculations.

TUESDAYS

31ST OCTOBER - 05TH DECEMBER 2023

10:00AM - 12:00PM

**THE SOUTH HILL CENTRE, CEMETERY HILL,
HEMEL HEMPSTEAD. HP1 1JF**

THIS COURSE IS FREE OF CHARGE

You will learn to:

- Create a workbook and worksheets
- Enter data and format it
- Calculate totals
- Use cell references to perform calculations
- Create simple charts
- Link sheets together

REGISTER YOUR INTEREST NOW

For further information about this or any of our other courses please contact us.

www.communityactiondacorum.org/traininganddevelopment

Learning@communityactiondacorum.org.uk

01442 253 935

STEP 2 SKILLS
PREPARE FOR SUCCESS IN HERTS



Website: www.dacorumdspl.org.uk



Email: dspl@kls.herts.sch.uk



Eventbrite: <https://dspl8.eventbrite.co.uk/>



Facebook: www.facebook.com/dspldacorum



Instagram: https://www.instagram.com/dspl_dacorum/

Families in Focus Courses & Workshops

Bookings: bookings@familiesinfocus.co.uk



A complete guide to parenting neurodiverse children

FREE, award winning 10 - week course is for those parents living in Hertfordshire and parenting children with Autism or ADHD (inclusive of those with a diagnosis or awaiting assessment) aged two to 11 years.

Facilitated by founders, Lesley and Francine, our course aims to help parents:

- Gain a greater understanding and answer the question, 'Why does my child do that?'
- Learn a range of strategies and solutions, to better manage behaviours that challenge
- Understand sensory needs of children
- Increase understanding of children's common sleep issues
- Learn how to support siblings living with a neurodiverse sister/brother
- Communicate effectively with children to increase children's emotional regulation
- Meet other parents living in families similar and share experiences
- Learn techniques to manage stress, conflict and so much more....

Tuesday mornings 9.30am to 11.30am
January 9th 16th 23rd 30th & Feb 6th 13th 27th & March 5th 12th 19th



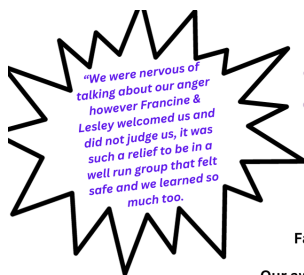
Email Francine & Lesley to secure your free place: bookings@familiesinfocus.co.uk or visit our website to see all course information: www.familiesinfocus.co.uk



Wednesday mornings
9.30am to 11.30am

January 10th 17th 24th 31st & February 7th 14th

Email Francine & Lesley: bookings@familiesinfocus.co.uk



Families In Focus CIC
LOOKING FORWARD TOGETHER

Handling anger in your family

Facilitated by founders, Lesley and Francine, our course aims to help parents:

Our award winning six session course is funded by Hertfordshire CC Targeted Parenting Fund and is FREE for parents of children aged 4 to 11 years living in Hertfordshire.

- Understand more about what triggers children's & parents anger
- Gain more understanding of children's common sleep issues

Learn communication techniques to increase children's emotional regulation and decrease angry meltdowns

Meet other parents and share experiences

Learn techniques to manage stress, conflict and so much more....

Email Francine & Lesley to secure your free place:

bookings@familiesinfocus.co.uk or

visit our website to see course information:

www.familiesinfocus.co.uk



Thursday mornings
9.30am to 11.30am

January 11th 18th 25th & February 1st 8th 15th





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- Communicate effectively with children to increase children's emotional regulation
- Meet other parents living in families similar and share experiences
- Learn techniques to manage stress, conflict and so much more....

Tuesday evenings from 6.30pm to 8.30pm
January 9th 16th 23rd 30th &
February 6th 13th 27th &
March 5th 12th 19th



Email Francine & Lesley to secure your free place: bookings@familiesinfocus.co.uk or visit our website to see all course information: www.familiesinfocus.co.uk



Handling anger of primary aged children with Autism or ADHD

Our award winning six-week course is funded by Hertfordshire County Council and FREE for parents of primary aged children with ADHD and/or Autism, living in Hertfordshire.

This course for parents provides practical support to understand why children and adults react with anger and provides proven techniques to reduce angry meltdowns and increase emotional regulation for the whole family.

Monday evenings
6.30pm to 8.30pm

January 29th &
February 5th 12th 26th &
March 4th 11th

Email Francine & Lesley:
bookings@familiesinfocus.co.uk



Handling anger of primary aged children with Autism or ADHD

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Wednesday evenings
6.30pm to 8.30pm

January 10th 17th 24th 31st &
February 7th 14th

Email Francine & Lesley:
bookings@familiesinfocus.co.uk



Supported Internships online information morning (16+)

If your young person is going to be finishing school soon and is not sure about their next steps, it might be worth considering a supported internship.

Supported Internships provide a bridge between education and employment for young people with an EHCP. They are designed to help young people with disabilities or learning difficulties gain valuable work experience and develop essential skills for future employment.

Join our online information morning on **1 November at 10am** to find out more. Whether you're a student, parent, or employer, this event is perfect for anyone interested in learning more about this fantastic opportunity.

[Sign up for the online information morning on eventbrite.](#)



Applying for mainstream secondary and upper schools (for children in years 6 and 8 without an EHCP)

Children who have special educational needs but don't have an Education, Health and Care (EHC) plan should apply for a mainstream secondary or upper school place using the standard admissions process.

The closing date for applications is 31 October, and the easiest way to apply for a school place is to [visit the Hertfordshire admissions page](#) and complete the online application form. You can find advice and [information about choosing the right school](#) on the Local Offer website.

If your child or young person has an EHCP, the process is different. It is possible to state in their plan which school or setting you would like them to attend. This is done through the SEN service and you do not apply through the standard admissions process. You can find out more about this process on our EHCP review pages. All reviews, school consultations and amendments to an EHCP should be completed by **15 February** for any year of change. This gives enough time to resolve any issues before the end of the summer term.

[Find out more on our Requesting a special school place page](#)



SEND Drop-in sessions

SEND Chat and Play

The BECC Family Centre, WD6 2FD, Monday 10:00 - 11:00
4th & 18th Sept, 2nd, 16th & 30th Oct, 13th & 27th Nov, 11th Dec

Sopwell Family Centre, AL1 2LD, Wednesday 11:00 - 12:00
6th Sept, 4th Oct, 1st Nov, 6th Dec

Beechfield Family Centre, WD24 5TY, Wednesday 10:00 - 11:00
13th & 27th Sept, 11th & 25th Oct, 8th & 22nd Nov, 20th Dec

Grovehill & Woodhall Farm Adventure Playground, HP2 7BA, Thursday 11:00 - 12:00
14th & 28th Sept, 12th Oct, 9th Nov & 23rd Nov, 7th Dec & 21st Dec

* Please note on the 26th October this event will take place at Cedar Tree Family Centre



www.hertsfamilycentres.org

0300 123 7572



Website: www.dacorumdspl.org.uk



Email: dspl@kls.herts.sch.uk



Eventbrite: <https://dspl8.eventbrite.co.uk/>



Facebook: www.facebook.com/dspldacorum



Instagram: https://www.instagram.com/dspl_dacorum/

SEND Drop-in sessions**Parent Support Group**

Every Wednesday

9.00am – 12

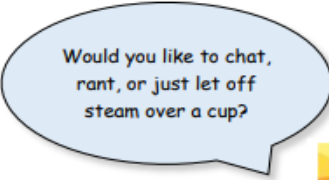
(Term time only)

@ Woodfield Coffee Shop


Malmes Croft, Leverstock Green, Hemel Hempstead, HP3 8RL

Contact: Gemma.Tuff@woodfield.herts.sch.ukOr: Lauren.Lettis@woodfield.herts.sch.uk

01442 253476



Would you like to chat,
rant, or just let off
steam over a cup?

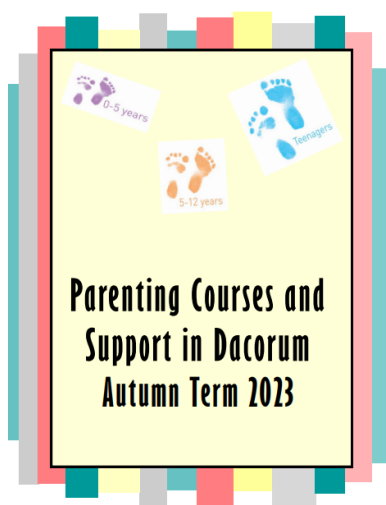



Come and join other
parents/carers and
share stories, advice
and a few laughs!



Whether your child is at mainstream school or a special school,
Diagnosed or undiagnosed, you are welcome to come along and meet
Other parents, talk to professionals, or simply drop in for a coffee and
Meet new friends who also have a child with special educational needs.
ALL WELCOME - JUST COME ALONG

Free tea, coffee and biscuits! Fancy something a bit more special? Our
coffee shop accepts card payments or cash.

Parenting Courses and Support in Dacorum Autumn Term 2023

FREE courses open to parents in Dacorum

For courses from Local Providers, please view the Dacorum Parenting
Course Brochure via:

<https://dacorumspl.org.uk/wp-content/uploads/2023/07/Dacorum-Parenting-Course-Brochure-Autumn-2023.pdf>

For SEND courses and support, please visit either:

<https://directory.hertfordshire.gov.uk/Search?CategoryId=70&SM=ServiceSearch&UDG=True&SME=True>

<https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/things-to-do>

